

North District Cross Country Championships Individual Medallists (U17 Women)

No Trophy

First held in

Scottish Athletics Federation/Scottish Athletics Limited

2025-6	Lois MacRae	Inverness H	24.14	Anna Howard	Inverness H	24.23	Anna Macdonald	North Uist AAC	26.18
2024-5	Abbie Stewart	Stornoway RAC	22.35	Louise Pendergast	Gordonstoun Sch	25.04	Anna Macdonald	North Uist AAC	25.25
2023-4	Caitlyn Heggie	Inverness H	21.36	Katie Meek	Inverness H	22.01	Abbie Stewart	Stornoway RAC	22.17
2022-3	Caitlyn Heggie	Ross County AC	22.21	Katie Meek	Inverness H	23.28	Joni Smith	Stornoway RAC	25.04
2021-2	Beth Urquhart	Moray RR	23.24	Rachel Murray	Stornoway RAC	24.18	Joni Smith	North Uist AAC	25.05
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Ellyn Smith	Moray RR	22.01	Morag Hickey	Ross County AC	22.17	Ellen Astley	Ellon AAC	22.48
2018-9	Megan Keith	Inverness H	21.05	Emily Andrew	Inverness H	23.12	Eve Gardiner	Inverness H	24.22
2017-8	Emily Andrew	Inverness H	21.28	Megan Keith	Inverness H	22.06	Shauna Perry	Elgin AAC	24.07
2016-7	Grace Whelan	Moray RR	22.10	Constance Nankivell	East Sutherland AC	22.59	Joanna Gillies	Stornoway RAC	25.08
2015-6	Anna MacFadyen	Forres H	18.20	Sophia Green	Moray RR	20.07	Lauren McCulloch	East Sutherland AC	20.39
2014-5	Isla Mackay	Loachaber AC	22.39	Arianne Ross	Inverness H	24.06	Eilidh Macrae	East Sutherland AC	26.53
2013-4	Lauren Fraser	Inverness H	21.18	Peigi MacKellar	Stornoway RAC	21.30	Rachel MacLennan	Nairn AAC	21.38
2012-3	Isla Mackay	Lochaber AC	22.12	Rachel MacLennan	Nairn AAC	22.31	Heather Campbell	Inverness H	23.31
2011-2	Mhairi MacLennan	Inverness H	19.35	Isla Mackay	Lochaber AC	19.54	Rebecca Munro	Stornoway RAC	21.48
2010-1	Mhairi MacLennan	Inverness H	19.40	Rebecca Munro	Stornoway RAC	19.55	Ailie Rodgers	Inverness H	21.38
2009-10	Katie Bristow	Shetland AC	24.11	Kirsty Rogan	Forres H	24.52	Holly MacIver	Stornoway RAC	26.17
2008-9	Eleanor Duncan	Forres H	18.20	Kirsty Rogan	Forres H	20.18	Ceit Stewart	Stornoway RAC	20.27
2007-8	Gemma Cormack	Moray RR	16.49	Laura Sharp	Moray RR	17.04	Eleanor Duncan	Forres H	17.39
2006-7	Catrina Fraser	Inverness H	13.41	Laura Johnston	North Uist AAC	14.40	Jenny Richardson	Sutherland AC	14.42
2005-6	Christine Grady	Inverness H	20.13	Lynsey Hewitson	Inverness H	21.39	Mairi Fenton	Inverness H	21.42
2004-5	Eilidh Mackenzie	Stornoway RAC	17.32	Jennifer Houston	Moray RR	18.17	Morina McDougall	North Uist AAC	19.00
2003-4	Chirstie MacLeod	Stornoway RAC	13.41	Kayleigh Archibald	Morray RR	20.31	Ssrsh MacKenzie	Lochaber AC	20.44
2002-3	Claire Wilson	Shetland Isles AC	13.46	Stephanie Reynolds	Elgin AC	14.02	Christy MacLeod	Stornoway RAC	15.32
2001-2	Claire Wilson	Shetland Isles AC	17.31	Stephanie Reynolds	Elgin AC	17.59	Alexine MacArthur	Inverness H	19.36
2000-1	Mhairi Spence	Inverness H	22.30	Jennifer Main	Inverness H	23.31	Fiona Spence	Inverness H	25.17
1999-2000	Jennifer Main	Inverness H	20.26	Fiona Spence	Inverness H	21.36	Sarah Gibb	Fraserburgh RC	15.24
1998-9	Joanne Logie	Moray RR	19.58	Lesley Clarkson	Inverness H	21.03	Anna Watson	Inverness H	21.27
1997-8	Alison Campbell	Inverness H	21.41	Rhiannon MacLean	Inverness H	21.46	Claire MacLennan	Inverness H	23.34
1996-7	Alison Campbell	Inverness H	24.25	Kathryn McKenzie	Inverness H	25.12	Michelle Stewart	Moray RR	25.54
1995-6	Claire Broad	Moray RR	21.20	Kirsten MacKay	Inverness H	23.38	Ruth McCallum	Minolta Black Isle AAC	24.47
1994-5	Kirsten MacKay	Inverness H	21.15	Dawn Sim	Moray RR	21.31	Joanna Walker	Orkney	21.33
1993-4	Joanna Walker	Orkney	19.20	Marjory Smith	Minolta Black Isle AAC	19.29	Tracey McLatchie	Peterhead AC	19.43
1992-3	Joy Sim	Moray RR	17.53	Shelley Macrae	Inverness H	18.05	Claire Falcolner	Minolta Black Isle AAC	18.27

